

Tabel 16 - Conclusies literatuuronderzoek 2025  
(module Medicamenteuze behandeling)

| Effect op:                                     | Gewicht | Eetlust                                  | Calorie<br>inname | Lean<br>body<br>mass  | KPS | OS | QoL        | Bijwerkingen  |  |
|--|---------|--|-------------------|-----------------------|-----|----|------------|---|--|
| Anamoreline 100 mg/dag<br>vs placebo           | +       | +  |                   | +                     |     | ns | +          | Meer  |  |
| Cannabis extract vs<br>placebo                 | ns      | ns                                       |                   |                       |     |    | ns         | ns  |  |
| Delta-9-<br>tetrahydrocannabinol vs<br>placebo | ns      | ?  | ns                |                       |     |    | ns         | ns  |  |
| Nabilone vs placebo                            | ns      | ns                                       | ns                |                       |     |    | ns         |   |  |
| Corticosteroïden vs<br>placebo                 | ns      | ?  | +                 |                       | ns  | ?  | ?          | Meer  |  |
| Prednisolon vs<br>indomethacine                | +       |  |                   |                       | ns  |    |            |   |  |
| Megestrol +/- ibuprofen                        | +       | ns                                       |                   |                       |     |    | +?         |   |  |
| Indomethacin vs placebo                        | ns      |  |                   |                       | +   |    | +?         |   |  |
| Ghreline vs placebo                            |         | +  | ns?               | ns?                   |     |    | ns?        | ns?   |  |
|  |         | 10 mg/kg                                 |                   |                       |     |    |            |   |  |
| Medroxyprogesteronaceta<br>at vs placebo       | +       | +  |                   |                       |     |    |            |   |  |
| Megestrol vs placebo                           | ?       | ns?                                      |                   |                       | ns? |    | ns?        | Meer  |  |
| Megestrol vs<br>dexamethason                   | ns      | ns                                       |                   |                       |     | ns | ns         | ns  |  |
| Megestrol (MA) vs<br>dronabinol                | +       | (MA)                                     |                   |                       |     |    | ns         | Impotentie<br>bij<br>mannen<br>(MA)?                    |  |
| Megestrol (MA) vs EPA                          | +       | (MA)?                                    | +                 | (MA)?                 | ns  | +  | (MA)<br>)? | ?   | Impotentie<br>bij<br>mannen<br>(MA)?     |
| Megestrol (MA) vs<br>mirtazapine               | +       | (MA)<br>na 4<br>weken;<br>na 8<br>weken? | +                 | (MA)<br>na 8<br>weken |     |    |            |   | Braken en<br>obstipatie<br>(mirtazepine) |
| EPA/visolie/omega-3-<br>vetzuren vs placebo    | ?       | ns                                       | ?                 | ns                    |     | ns | ns         | ns  |  |
| Mirtazapine vs placebo                         | ns      | ns                                       | ns                | ns                    |     | ns | ns         | Slaperigheid  |  |
| Olanzapine vs placebo                          | +       | +  | +                 |                       |     |    | +          | ns?<br>Minder<br>chemo-<br>gerelateerde<br>bijwerkingen |  |

KPS Karnofsky performance Scale

OS Overall survival

QoL Quality of life

? Evidentie van zeer lage kwaliteit of tegenstrijdige resultaten